PASSWORDS

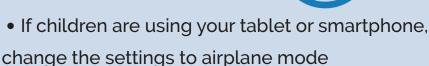


- Password Managers help as you only need to remember one strong password
- Writing passwords down is better for some people, if you can keep the passwords safe at home
- Read our full guidance on passwords



- Set up 2FA to have a second layer of security on your accounts
- You can read our full 2FA guide here.





• Both children and adults should not share personal information that could identify them or their location

VIDEO CALLING

If using Zoom, you can read our guidance here.

- Generate a unique ID & use a password
- Lock the meeting
- Be careful about sharing photos of Zoom calls on social media

privacy settings

SOCIAL MEDIA

Regularly check your security and

• Be wary of messages and posts that

encourage you to click links, download

attachments or transfer money

personal information!

Avoid things such as 'personality'

quizzes', which often ask for lots of

PERSONAL SECURITY: TOP TIPS

Click here to read full personal security blog



WI-FI SECURITY

- Change your router username and password
- To find out how to do this, search online or call your Internet Service Provider